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The European League Against Pain EULAP® invites you to attend an interdisciplinary pain course in English in the beautiful city of Zürich, Switzerland.

A team of pain specialists including Anaesthesiologists, Neurologists, Rheumatologists, Psychiatrists, Psychologists, Clinical Pharmacologists, Lawyers and others lecture on different aspects of pain. You will learn to understand chronic pain, to develop management strategies, thus to improve patient's therapy.

**EULAP® is a non profit organization headquartered in Zürich, Switzerland. The purpose of the association is:**

- To support the cause and interest of pain patients
- To improve the treatment, prevention and rehabilitation of pain patients
- To promote research in the field of pain
- To foster and improve excellence in education of health professionals, with traditional and online educational courses and workshops, giving the participants the opportunity to meet and exchange experiences and ideas
- To foster the publication of updated guidelines, best practices, books and journals

#### FACULTY

- Eli Alon, Zürich (Anesthesiology)
- Roman Gregg, London (Anesthesiology)
- Silke Biethahn, Aarau (Neurology)
- Florian Brunner, Zürich (Physical Medicine)
- Stefano Coaccioli, Terni-Perugia (Rheumatology)
- Dominik Ettl, Zürich (Dentistry)
- Karin Fattinger, Schaffhausen (Internal Medicine)
- Andreas Gantenbein, Bad Zurzach (Neurology)
- Michael Hartmann, Zürich (Anesthesiology)
- Antje Heck, Aarau (Cl. Pharmacology)
- Sonja Jankovic, Adeleide (Psychology)
- Monika Jaquenod, Zürich (Anesthesiology)
- Katja Komossa, Barmelweid (Psychiatry)
- Bettina Kleeb, Zürich (Mind Body Medicine)
- Michael Lottan, Tel Aviv (Anesthesiology, Lawyer)
- Lucian Macrea, Lausanne (Anesthesiology)
- Thomas Maier, St. Gallen (Psychiatry)
- Paolo Marchettini, Milano (Neurology)
- Konrad Maurer, Zürich (Anesthesiology)
- Antonella Palla, Zürich (Neurology)
- Sandro Palla, Zürich (Dentistry)
- Wilhelm Ruppen, Basel (Anesthesiology)
- Peter Sandor, Baden (Neurology)
- David Scheiner, Zürich (Gynecology)
- Sivan Schipper, Uster (Internal Medicine)
- Dagmar Schmid, Basel (Psychiatry)
- Andreas Siegenthaler, Luzern (Anesthesiology)
- Athina Vadalouka, Athens (Anesthesiology)
- Giustino Varrassi, L'Aquila (Anesthesiology)

**To register and for information:**

e-mail: [paincourse@eulap.org](mailto:paincourse@eulap.org)

Number of participants is limited.

Venue: Hotel Zürichberg, Orellistrasse, 21

# Pain Therapy A Multidisciplinary Pain Course

9-13 September, 2019

Zürich, Switzerland

Scientific Director Prof. Eli Alon

Hotel Zürichberg

## Close ranks against pain!

### Monday Sept. 9

13.30 - 14.00

#### Opening

E. Alon, A. Gantenbein,  
A. Vadalouka

14.00 - 14.45

#### Chronic Pain a Disease of its own

E. Alon

14.45 - 15.30

#### Anatomical and physiological considerations

D. Ettl

•Break

16.00 - 16.45

#### Neuropathic pain

A. Gantenbein

16.45 - 17.30

#### Headache

A. Gantenbein

17.30 - 18.15

#### Abdominal pain

D. Scheiner

### Tuesday Sept. 10

08.15 - 9.00

#### Pain Anamnesis

S. Coaccioli

09.00 - 9.45

#### Arthrosis, fibromyalgia

S. Coaccioli

9.45 - 10.30

#### Low back pain

S. Coaccioli

•Break

11.00 - 11.45

#### Pathophysiology of pain in cancer patients

A. Vadalouka

11.45 - 12.00

#### Management of neuropathic pain in cancer patients

A. Vadalouka

•Lunch

14.00-14.45

#### Hypnosis

S. Jankovic

14.45 - 15.30

#### LBP Management

R. Gregg

•Break

16.00 - 16.45

#### WHO ladder for opioids

G. Varrassi

16.45 - 17.30

#### The opioid crisis

G. Varrassi

### Wednesday Sept. 11

08.15 - 09.00

#### Pharmacokinetic and -dynamic

K. Fattinger

09.00 - 09.30

#### NSAIDS

K. Fattinger

09.30 - 10.00

#### Opioids: The difficult pain patients

M. Jaquenod

•Break

10.30 - 11.00

#### Corticosteroids

A. Heck

11.00 - 11.45

#### Antidepressant drugs

A. Heck

11.45 - 12.30

#### Antineuropathic drugs

A. Heck

•Lunch

14.00 - 15.45

#### Pain and psychiatric diseases

K. Komossa

14.45 - 15.30

#### Transcultural aspects

T. Maier

•Break

16.00 - 16.45

#### Fibromyalgia

M. Lottan

16.45 - 17.30

#### Sleep disorders

D. Schmid

### Thursday Sept. 12

08.15 - 09.00

#### Pathophysiology of pain

S. Biethahn

09.00 - 09.45

#### Palliative care

S. Schipper

09.45 - 10.30

#### Cancer pain

W. Ruppen

•Break

11.00 - 11.45

#### Pathophysiology headache

P. Sandor

11.45 - 12.30

#### Headache and migraine

A. Palla

•Lunch

14.00 - 14.45

#### Facial pain

S. Palla

14.45 - 15.30

#### Nociceptive pain

K. Maurer

•Break

16.00 - 16.45

#### Medical Cannabis

M. Lottan

16.45 - 17.30

#### Neuromodulation and algorythm

M. Hartmann

### Friday Sept. 13

08.15 - 09.00

#### Interventional therapy cancer pain

L. Macrea

09.00 - 09.45

#### CRPS

F. Brunner

09.45 - 10.30

#### Interventional therapy neck and back

A. Siegenthaler

•Break

11.00 - 11.45

#### Mind body medicine

B. Kleeb

11.45 - 12.30

#### Post laminectomy pain

P. Marchettini

12.30 - 13.00

#### Closing remarks and certificates

E. Alon

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